



Wings for Women Press Kit 2019

Our Mission

Wings for Women is committed to the empowerment of young girls and women by providing personal, social, and economic development combined with safe and responsible sex education and family planning.

Our goal is to educate girls and women about self-worth and the importance of family planning, which includes the provision of birth control methods during our partner medical care clinics.

Many of us know the freedom that self-esteem, education, and family planning can provide. Freedom from an unwanted marriage or child, freedom to attend and finish school, freedom to pursue a career and follow a dream.

Isn't this what we want for our daughters and ourselves?

Our Vision

A world in which every woman and girl is empowered and educated to be self-sufficient so that she can be free to make her own choices.

About Us

What started at a lunch with four friends has grown into an organized and impactful organization. The feeling of solidarity with women around the world inspires us. We are excited about helping to provide young girls and women with education, self-worth empowerment, choices in family planning, and social support through local programs.



Voluntary family planning is one of the most cost-effective investments a country can make for its future. Every dollar spent on family planning can save a government up to 6 dollars, which can provide improved health care, housing, water, sanitation, and other public services.

How Big is the Problem?

Unmet need for family planning is defined as the percentage of women of reproductive age, either married or in a union, who want to stop or delay childbearing but are not using any method of contraception.

222 million women of reproductive age in developing countries who wish to avoid pregnancy are not using a modern contraceptive method. Reasons for this include:

- limited choice of methods
- limited access to contraception, particularly among young people, poorer segments of populations, or unmarried people
- fear or experience of side-effects
- cultural or religious opposition
- poor quality of available services
- users and providers bias
- gender-based barriers

The unmet need for contraception remains too high. In Africa, 24.2% of women of reproductive age have an unmet need for modern contraception. In Asia, and Latin America and the Caribbean the levels of unmet need are 10.2% and 10.7%, respectively.



How Important are the Benefits?

Promotion of family planning – and ensuring access to preferred contraceptive methods for women and couples – is essential to securing the well-being and the autonomy of women, while supporting the health and development of communities.

Preventing pregnancy-related health risks in women.

Family planning allows spacing pregnancies and can delay pregnancies in young women at increased risk of health problems and death from early childbearing. It prevents unintended pregnancies, including those of older women who face increased risks related to pregnancy. Evidence suggests that women who have more than 4 children are at increased risk of maternal mortality. Also, by reducing rates of unintended pregnancies, family planning also reduces the need for unsafe abortion.

Reducing infant mortality.

Family planning can prevent closely spaced and ill-timed pregnancies and births, which contribute to some of the world's highest infant mortality rates. Infants of mothers who die as a result of giving birth also have a greater risk of death and poor health.

Helping to prevent HIV/AIDS.

Family planning reduces the risk of unintended pregnancies among women living with HIV, resulting in fewer infected babies and orphans. In addition, male and female condoms provide dual protection against unintended pregnancies and against STIs including HIV.

Empowering people and enhancing education.

Family planning enables people to make informed choices about their sexual and reproductive health. Family planning represents an opportunity for women to pursue additional education and participate in public life, including paid employment in non-family organizations. Additionally, having smaller families allows parents to invest more in each child. Children with fewer siblings tend to stay in school longer than those with many siblings.

Reducing adolescent pregnancies.

Pregnant adolescents are more likely to have preterm or low birth-weight babies. Babies born to adolescents have higher rates of neonatal mortality. Many adolescent girls who become pregnant have to leave school. This has long-term implications for them as individuals, their families and communities.

Slowing population growth.

Family planning is key to slowing unsustainable population growth and the resulting negative impacts on the economy, environment, and national and regional development efforts.

Source: World Health Organization



Our Approach

We believe our approach provides young girls and women with some tools that will help them to achieve the freedom to have more time to go to school, work, provide for their family, and ultimately make their dreams come true.

1.

We create a partnership with missionary clinics that will run every year in villages, schools, and churches in Uganda and across the globe.

2.

Teaching "Girl Talks" and "Women Talks" designed to provide personal development and safe sex education to young girls and women using a comprehensive curriculum. Distribution of Afripads and gifts.

3.

Partnership with local organizations and agents that provide women's family planning and care on site.

4.

Financial support for partner organizations that promote career and professional education. Sewing project, scholarships, mentorships.



Wings in Action

Family Planning Workshop Uganda, May 2018

We successfully partnered with Word In Deed Ministries, Palm Beach Atlantic University School of Pharmacy, and Uganda Women's Health. Mobile medical clinics were conducted in four remote villages of Uganda. We offered educational seminars called "Girl Talks" at these villages focusing on young girls, ages 10-17. We discussed the use of Afripads, tips on self-awareness, safety, self-respect, sex education, and birth control. Also, we provided family planning and birth control information to childbearing age women and mothers. These seminars provided awareness, answers to questions and myths, information about prevention of STD's and HIV/AIDS, Sex Ed information, family planning, and birth control methods. We empowered these young women to respect their bodies and understand their right to say "no." The girls and women were captivated by the discussions, they asked many questions and felt informed and considered. Many went on to receive birth control implants. We had a team providing Implanon NXT implants, Jadelle implants, IUDs, male condoms and female condoms to women interested in family planning methods. Lives were changed.



Mary's Piggery

A couple of years ago we had the privilege of meeting Mary. She was a married woman living in the Mukono district of Uganda with her husband and 13 children. Her place encompassed a 200 square foot structure where her family currently lived. Mary shared with us her desire to start a Piggery Farm. This aspiring entrepreneur hoped this endeavor would provide enough income to support her family and allow her to send her children to proper schooling. Mary's business plan required little start-up cost but had huge potential as Piggery farms are almost non-existent in remote villages of the Mukono District. Our team worked with Mary to develop the list of needs and investment required. The list was simple but crucial. We needed money for pigs, feed, medical vaccination, construction supplies for a pigsty, and continued business support for two years. We were excited to provide the resources for Mary so she could begin her Piggery. We had only one condition ... she would pay this investment forward. A year later we visited Mary's Piggery Farm. Mary and her piggery were flourishing and her husband was able to finish constructing the home for the family. Mary had an abundance of pigs, a safe house, and her children were attending school. Recently, we learned that Mary has "paid forward" the opportunity by providing another lady with pigs to begin a Piggery Farm.



Fundraising and Accountability

Wings for Women Corp remains committed to fiscal responsibility and transparency.

Every dollar we spend goes to:

Our mission, to finance educational materials, to purchase Afripads, to pay our translators, to host our partner organizations, and to support and sponsor our Start-Up Business programs.

To maximize our fundraising and sponsor our Fundraising Events

To improve the effectiveness and sustainability of our organization; and of course, every dollar spent on fundraising and administration is done so to generate more for the mission!

The expense ratio varies each year not only due to changing expenses but also according to the amount raised by our volunteers.

